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# Outpatient Nutrition Order

Patient's legal name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex:  Male  Female

Address: \_\_\_\_\_

Father/mother: \_\_\_\_\_ Language patient speaks (if not English): \_\_\_\_\_

Primary insurance: \_\_\_\_\_ Secondary insurance: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

**Reason for medical nutrition therapy:**

- Failure to thrive/weight loss
- Overweight/obesity
- Food allergies (specify): \_\_\_\_\_
- Other \_\_\_\_\_

**Patient information:**

Height: \_\_\_\_\_ Circle: cm or in  
Weight: \_\_\_\_\_ Circle: kg or lbs  
BMI: \_\_\_\_\_

Medications: \_\_\_\_\_

Pertinent labs: Trig \_\_\_\_\_ Chol \_\_\_\_\_ HDL \_\_\_\_\_ LDL \_\_\_\_\_ Insulin \_\_\_\_\_ Glucose \_\_\_\_\_ BP \_\_\_\_\_

When faxing referrals:  
Please include additional pertinent information and provider notes.

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Ordering physician signature: \_\_\_\_\_

Ordering physician print name: \_\_\_\_\_

Address: \_\_\_\_\_

Referral contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_