



2018 Clinch Avenue  
Knoxville, Tennessee 37916

Date: \_\_\_\_\_

**Welcome!**

Dear Parent:

Your child has been referred to the Healthy Ways Clinic at East Tennessee Children's Hospital. Your first visit will be scheduled **after** you have completed the requirements to become a patient in our clinic. Those requirements include the following:

- Screening Labs
- Patient Health Assessment
- Patient Questionnaire
- Fatigue and Physical Function Forms

There is a checklist enclosed to help you keep track of requirements completed.

**Details on required materials needed prior to being scheduled:**

- Your child should have fasting blood work drawn. Please have your child not eat or drink anything except water for 8 hours before the blood test. The order sheet for labs is in this packet. Please have it with you when you come in to have your child's blood drawn.
  - We prefer that you have your child's blood drawn at East Tennessee Children's Hospital between the hours of 5:30 am and 9:00 pm (Mon-Fri) or 8:00 am and 4:00 pm (Sat/Sun). Come to the main lobby of the hospital and sign in at the admitting desk next to the gift shop. You may park free in Parking Garage B.
  - If you cannot have your child's blood drawn at our hospital, please contact the clinic nurse and she will help you make other arrangements. The phone number to the clinic is (865) 541-8830.
- Please complete and return the Patient Health Assessment found in this packet.
- Please complete and return the Patient Questionnaire found in this packet.
- Please complete and return the Fatigue and Physical Function Forms found in this packet. There is both a parent report and a patient report for each form. If your child is under the age of 5, only the parent report forms need to be completed. You are allowed to help your child complete their questionnaires, but the child's input is valued.

Forms can be faxed to (865) 541-8405 OR mailed to Specialty Clinic:

2018 Clinch Avenue  
Specialty Clinic, 2nd Floor  
Knoxville, TN 37916