



Neurology Laboratory
Oliver William Hill, Jr., M.D.

Prep for Neurology Department Testing

Sleep deprivation:

- Children under 1 year of age: Put to bed 2 hours later than normal and wake 2 hours earlier than normal.
- Children over 1 year of age: Go to bed at midnight and wake at 4 a.m. No napping before the test.

Food/drink restrictions:

- No caffeine products.

- If child is under 1 year old, have them due a feeding (ie: sleepy and hungry)

Medications:

- Take any prescribed medications at regular time.

Arrival for test:

- Arrive 30 minutes before scheduled time to be admitted through Outpatient Registration on 1st floor of hospital in the north tower.
- Any questions call (865) 541-8108.

Your appointment date and time is: _____