

Cardiac and Pulmonary Stress Testing

- **What are Cardiac (CETT) and Pulmonary Function Stress Tests (PETT)?**

These are tests that measure how your lungs and/or heart are working before and after exercising on a treadmill.

- Your doctor will call and schedule your appointment with us.
- Must have COVID-19 Test three (3) days prior to your scheduled appointment. Go to Children's Hospital Testing Center at 611 22nd Street, Knoxville, TN 37916 between the hours of 10 a.m. and 6:45 p.m.
- Once you arrive to our department - we will call you back, weigh and measure your height.
- We will prepare you for your test and/or teach you how to blow into our machine so we can collect the information your doctor wants.
- Your test will be read by a cardiologist and/or a pulmonologist then your ordering doctor will receive your test results.

How to prepare for your appointment

- Wear running shoes and comfortable running clothes.
- Eat a small breakfast and/or lunch prior to your appointment.
- Bring a room temperature bottle of water with you.
- If you have a rescue inhaler (Bronchodilator - ex., Albuterol, Proventil, Ventolin, Proair, Xopenex), on your appointment day: **DO NOT USE - your inhaler - PLEASE BRING IT WITH YOU** to your appointment.
- Arrive 30 minutes prior to your scheduled appointment to allow for registration.

