



Neurodiagnostics

Prep for Neurodiagnostics Testing

Sleep deprivation:

- Children under 1 year of age: Put to bed 2 hours later than normal and wake 2 hours earlier than normal.
- Children over 1 year of age: Go to bed at midnight and wake at 4 a.m. No napping before the test.

Food/drink restrictions:

- No caffeine products.
- If child is under 1 year old, have them due a feeding (ie: sleepy and hungry)

Medications:

- Take any prescribed medications at regular time.

Arrival for test:

- Arrive 15 minutes before scheduled time.
- Check in at the Neurosciences Center registration desk.
- Any questions call (865) 523-5437.

Your appointment date and time is: _____